Children and youth account for nearly 40 percent of the world's population and they are the most vulnerable to climate change.

**Impacts of Climate Change on Youth**

**Employment:** Young people, especially those facing structural disadvantages, suffer disproportionately in labour markets in times of crisis, and these impacts are likely to be exacerbated by climate change.

**Education:** Extreme weather events have been shown to reduce participation, especially female, in education since the burden of schooling costs becomes higher and the need for adolescents and young people to contribute economically to households becomes greater.

**Health:** Climate crises can increase malnutrition among adolescents — through food shortages resulting from lower agricultural yields or loss in livelihoods opportunities.

**Social wellbeing:** One of the principal adaptations to climate change is migration. Unskilled migrants are often the first to lose jobs in times of crisis.

88% of the existing global burden of disease due to climate change affects children under the age of five. 600 million children live in the 10 countries most vulnerable to climate change.

Young people are potentially the greatest agents of change.

**What you can do**

- **Get to know about climate change**
- **Spread the message by talking about climate change**
- **Share information on sustainable lifestyles with family and friends**
- **Adopt environmentally friendly practices**
  - Turning the lights off when leaving a room
  - Installing compact fluorescent lighting (CFL)
  - Unplugging idle electronic items
  - Purchasing environmentally friendly products, including recycled goods and items that are easily recyclable and biodegradable
  - Using public transportation, biking or walking
  - Planting a tree

- **Change consumption patterns for more sustainable ones**
  Take into consideration these recommendations before buying new products.
  - **Rethink** – Do you really need it?
  - **Reduce** – Could you have or use less of it?
  - **Repair** – Could it be mended or maintained?
  - **Re-use** – Can it be used for other purposes?
  - **Recycle** – Can it be recycled to avoid dumping underground?